

## Long Beach 2023 Mental Health Resources

- <https://988lifeline.org/>
- <https://samaritanshope.org/>
- <https://www.longbeach.gov/globalassets/health/media-library/documents/healthy-living/individual/mental-health/mental-health-resource-guide>
- <https://aces-la.org/mental-health-resources/>
- <https://www.va.gov/long-beach-health-care/health-services/mental-health-care/>
- <https://longbeach.gov/health/healthy-living/individual/mental-health/>
- <https://www.namiglac.org/long-beach-mental-health-resources>
- <https://namisangabrielvalley.org/resources/local-resources/long-beach-mental-health-resources/>
- <https://www.telecarecorp.com/mental-health-urgent-care-center>
- <https://www.opencounseling.com/crisis-lines/california/long-beach>